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Fight the Grease Monster

- Once FOG has cooled, pour it into sealable containers.
- Remove FOG from all dishes and pans and dispose in the trash.
- Never dump FOG down the drain or rinse with hot water.
- Discard food scraps into a trash can instead of a garbage disposal.
- Store used oil in the freezer to be recycled when the container is full.

Protect the Bay

- Grease blockages lead to costly repairs.
- Recycle used cooking oil and properly dispose of kitchen waste.
- Visit ceasethegrease.net to find grease recycling stations near you and learn more ways to protect the Bay.

This project is funded in part by a Texas Coastal Management Program Grant approved by the Texas Land Commissioner pursuant to National Oceanic and Atmospheric Award No. NA15NOS4190162.



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